



Expertise

Shelley's work comes from a passion for inspiring individuals and teams to find new approaches to communicating interpersonally or in formal presentations which continue to drive results for the organization. Through her work in Learning and Development Shelley has brought together her talents for executive coaching, facilitation, and curriculum design.

Presentation Skills and Coaching

Shelley has designed customized presentation skills workshops for non-profits and corporations, receiving high praise for her ability to coach individuals from where they are to where they need to go. Through a process of audience analysis and identifying success Shelley builds rapport and trust which decreases self-consciousness and increases confidence. Shelley works with clients to identify opportunities for improvement, then lead them through a step-by-step process which leads to stellar and engaging presentations.

Facilitation

Workshop facilitation brings together three passions for Shelley: Teaching, coaching and performance. Workshops offered:

DiSC for Individuals and Teams (half day)
Situational Leadership II™ (one day)
Situational Self Leadership™ (one day)
Managing Performance (half day)
Building Effective Teams (one day)
Developing Emotional Intelligence (half day)
Managing Conflict Successfully (5 hours)
Effective Consulting (one day)

Effective Communication (5 hours)
Presentation Skills (one day)
InsideOut Coaching™ (one day)
Cultural Awareness: Managing Differences at Work
Communicating Across Generations: X, Y and Boomers (half day)
Change Management (*half day*)

Program and Curriculum Design

From needs assessment to design to implementation Shelley creates workshops that are interactive and engaging – incorporating a variety of learning styles - which promote true shift and change in the workplace. Examples of programs Shelley has designed:

GetStarted@GID

- new manager program including 70 classroom hours and 20 self-study hours

Learn.Plan.Lead.

- executive coaching guide for new leaders based on Michael Watkins *First 90 Days*

Supervising at DHL

- led design team of subject matter experts to create 40 hours of comprehensive classroom training for 500 field Supervisors following company reorganization

Experience

Shelley has 15 years' experience in the training development field with a foundation built at DHL Worldwide Express and Gap Inc. Direct. Recently Shelley has consulted with Lawrence Berkeley Laboratories, Francis Ford Coppola Winery, Jackson Family Wines and with high-tech manufacturing clients in Taiwan.

Shelley began her career in communications as an adjunct faculty member at San Francisco State University, Santa Rosa Jr. College, Chabot College and University of California, Berkeley International Program.

She is certified to facilitate Ken Blanchard's Situational Leadership II, InsideOut Coaching and Achieve Global Management programs. Shelley has extensive knowledge and experience in team building, communication, and cross-cultural awareness.

Shelley lives in the Napa Valley with her husband, Don, and three children.

Contact Information

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